



Министерство здравоохранения Российской Федерации

федеральное государственное бюджетное образовательное учреждение
высшего образования

«Рязанский государственный медицинский университет
имени академика И.П. Павлова»

Министерства здравоохранения Российской Федерации
ФГБОУ ВО РязГМУ Минздрава России

Утверждено решением ученого совета
Протокол №10 от 20.05.2025 г.

Комплект оценочных материалов по дисциплине	«Иностранный язык в профессиональной коммуникации врача-лечебника»
Образовательная программа	Основная профессиональная образовательная программа высшего образования - программа специалитета по специальности 31.05.01 Лечебное дело
Квалификация	Врач-лечебник
Форма обучения	Очная

Разработчик (и): кафедра иностранных языков с курсом русского языка

ФИО	Ученая степень, ученое звание	Место работы (организация)	Должность
Л.Ф. Ельцова	Кандидат филологических наук, доцент	ФГБОУ ВО РязГМУ Минздрава России	Заведующий кафедрой иностранных языков с курсом русского языка
И.В. Гарески	-	ФГБОУ ВО РязГМУ Минздрава России	Старший преподаватель кафедры иностранных языков с курсом русского языка
Е.С. Карякина	Кандидат педагогических наук, доцент	ФГБОУ ВО РязГМУ Минздрава России	Доцент кафедры иностранных языков с курсом русского языка

Рецензент (ы):

ФИО	Ученая степень, ученое звание	Место работы (организация)	Должность
Э.А. Кечина	Кандидат филологических наук, доцент	ФГБОУ ВО РязГМУ Минздрава России	Доцент кафедры иностранных языков с курсом русского языка
Л.М. Царева	кандидат педагогических наук	ФГБОУ ВО РязГМУ Минздрава России	доцент кафедры иностранных языков с курсом русского языка

Одобрено учебно-методической комиссией по специальности Лечебное дело
Протокол №6 от 22.04.2025 г.

Одобрено учебно-методическим советом.
Протокол № 5 от 24.04.2025г.

1. Паспорт комплекта оценочных материалов

1.1. Комплект оценочных материалов (далее – КОМ) предназначен для оценки планируемых результатов освоения рабочей программы дисциплины «Иностранный язык в профессиональной коммуникации врача-лечебника».

1.2. КОМ включает задания для проведения текущего контроля и промежуточной аттестации.

Общее количество заданий и распределение заданий по типам и компетенциям:

Код и наименование компетенции	Количество заданий закрытого типа	Количество заданий открытого типа
УК-4 Способен применять современные коммуникативные технологии, в том числе на иностранном(ых) языке(ах), для академического и профессионального взаимодействия	40	20
Итого	40	20

1. Задания всех типов, позволяющие осуществлять оценку всех компетенций, установленных рабочей программой дисциплины (модуля)
«Иностранный язык в профессиональной коммуникации врача-лечебника»

Код и наименование компетенции	№ п/п	Задание с инструкцией								
УК-4 (УК-4.1., УК-4.2., УК-4.3., УК-4.4., УК-4.5.)		Задания закрытого типа								
	1.	<p>Прочитайте текст задания и восстановите последовательность предложений в тексте. Текст задания: А. They are: Beneficence (Do good) and Non-Maleficence (Do not harm). Б. All ethical dilemmas can be traced back to three fundamental principles of "Universal Ethics". В. Ethics are the rules of right conduct or practice in a profession. Г. As medical educators, we often face ethical dilemmas.</p> <p>Запишите соответствующую последовательность цифр слева направо:</p> <table><tr><td>А</td><td>Б</td><td>В</td><td>Г</td></tr><tr><td></td><td></td><td></td><td></td></tr></table>	А	Б	В	Г				
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2.	<p>Прочитайте текст задания и восстановите последовательность предложений в тексте. Текст задания: А. If you eat slowly, you will not overeat. Б. Be moderate in eating. В. Never swallow your food wholesale. Г. You are provided with teeth for the purpose of chewing your food - and you will never complain of indigestion.</p> <p>Запишите соответствующую последовательность цифр слева направо:</p> <table><tr><td>А</td><td>Б</td><td>В</td><td>Г</td></tr><tr><td></td><td></td><td></td><td></td></tr></table>	А	Б	В	Г					
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3.	<p>Прочитайте текст задания и восстановите последовательность предложений в тексте. Текст задания: А. A person who is not quite well consults a physician for various complaints. Б. A person who is not well may consult a doctor at the outpatient department. В. There are various specialists working at the polyclinic, such as therapists, surgeons, oculists, ear nose and throat specialists and dentists. Г. If he is too ill to go and see a doctor himself at the polyclinic, he may send for one.</p> <p>Запишите соответствующую последовательность цифр слева направо:</p>									

		<table><tr><td>А</td><td>Б</td><td>В</td><td>Г</td></tr><tr><td></td><td></td><td></td><td></td></tr></table>	А	Б	В	Г				
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4.	<p>Прочитайте текст задания и восстановите последовательность предложений в тексте. Текст задания: А. William Russel, “The Times” reporter, described the terrible conditions in the hospitals where wounded men were being treated. Б. The chief hospital, the one at Scutari in Turkey, was an old barrack. В. The story goes back to the middle of the 19th century. Г. England was at war with Russia, and the English army was fighting in the Crimea.</p> <p>Запишите соответствующую последовательность цифр слева направо:</p> <table><tr><td>А</td><td>Б</td><td>В</td><td>Г</td></tr><tr><td></td><td></td><td></td><td></td></tr></table>	А	Б	В	Г					
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5.	<p>Прочитайте текст задания и восстановите последовательность предложений в тексте. Текст задания: А. Press firmly over the skin beyond the fracture site. Б. Check the person's blood circulation. В. For example, if the fracture is in the leg, press on the foot. Г. It should first blanch white and then “pink up” in about two seconds.</p> <p>Запишите соответствующую последовательность цифр слева направо:</p> <table><tr><td>А</td><td>Б</td><td>В</td><td>Г</td></tr><tr><td></td><td></td><td></td><td></td></tr></table>	А	Б	В	Г					
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6.	<p>Прочитайте текст задания и восстановите последовательность предложений в тексте. Текст задания: А. It is required for the repair of joint tissues which are often damaged during high levels of physical activity. Б. Vitamin C is a water-soluble vitamin. В. A water-soluble vitamin essential for the formation of collagen (a major component of skin, muscles, and bone) and the healthy functioning of tissues containing collagen. Г. Vitamin C acts as a stimulant for body defense mechanisms, and protects vitamin A, vitamin E, and dietary fats from oxidation.</p> <p>Запишите соответствующую последовательность цифр слева направо:</p> <table><tr><td>А</td><td>Б</td><td>В</td><td>Г</td></tr><tr><td></td><td></td><td></td><td></td></tr></table>	А	Б	В	Г					
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7.	<p>Прочитайте текст задания и восстановите последовательность предложений в тексте.</p>									

		<p>Текст задания:</p> <p>A. The whole topic is controversial; there is little unequivocal research to support large supplementation, and there may be some problems not yet fully reported.</p> <p>Б. Most nutritionists recommend taking vitamin C naturally in the diet rather than as artificial supplements.</p> <p>В. Vegetables (especially green peppers) and citrus fruits are good sources.</p> <p>Г. Vitamin C toxicity is unlikely, therefore many coaches feel free to advocate substantial supplementation for athletes.</p> <p>Запишите соответствующую последовательность цифр слева направо:</p> <table><tr><td>А</td><td>Б</td><td>В</td><td>Г</td></tr><tr><td></td><td></td><td></td><td></td></tr></table>	А	Б	В	Г				
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	<p>a few decades ago, and another 15 percent are at risk for being overweight. Б. Overweight adolescents have a greatly increased risk of dying from heart disease in adulthood. В. Childhood obesity is a growing concern in today's world. Г. An alarming number of children are obese, and developing diseases are normally seen in adulthood.</p> <p>Запишите соответствующую последовательность цифр слева направо:</p> <table><tr><td>А</td><td>Б</td><td>В</td><td>Г</td></tr><tr><td></td><td></td><td></td><td></td></tr></table>	А	Б	В	Г																
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11.	<p>Прочитайте текст задания и восстановите последовательность предложений в диалоге. Текст задания: А. Is that bad? Б. Well, we've got the results of your blood test. As I thought, you're a little bit anaemic. В. No, not necessarily. It just means that your red blood cell count is a little on the low side.</p> <table><tr><td>А</td><td>Б</td><td>В</td></tr><tr><td></td><td></td><td></td></tr></table>	А	Б	В																	
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			Предложение		Пропущенное слово или словосочетание
		А	The cause of fainting may be different: strong emotion, want of food,	1	the brain
		Б	In fainting the person ... consciousness.	2	fatigue or pain
		В	Blood doesn't get to, the face of a person before fainting gets very pale and sweat appears on his forehead.	3	stomach
		Г	The first aid for poisoning is to empty the	4	loses
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			Предложение		Пропущенное слово или словосочетание
		А	Tobacco ...is probably the most widespread and dangerous drug usage.	1	death
		Б	Recently, studies of large groups of	2	cardiovascular

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		Предложение		Пропущенное слово или словосочетание	
	А	A new drug is being tested successfully at the Department of clinical	1	pharmacology	
	Б	The percentage of patients with serum ... has been increasing since the first publication,	2	health	
	В	Much ... was made to eliminate or diminish the occurrence of many infectious diseases, such as malaria, poliomyelitis, tetanus, diphtheria, pertussis and tuberculosis.	3	progress	
	Г	Influenza, for example, is still considered an important ... and economic problem.	4	hepatitis	
		Запишите выбранные цифры под соответствующими буквами:			
		А	Б	В	Г
17.	Прочитайте определения данных понятий и установите соответствие с определяемыми терминами. Текст задания: К каждой позиции, данной в левом столбце, подберите соответствующую позицию из правого столбца:				
		Понятие		Определение или характеристика	
	А	abscess	1	any substance, almost always a protein, not normally present in the body which when introduced to the	

					body stimulates a specific immune response and the production of antibodies
		Б	adenocarcinoma	2	a localized collection of pus in a cavity formed by disintegration of tissues.
		В	antigen	3	lack of breathing
		Г	apnea	4	a malignant tumour originating in glandular tissue.
		Запишите выбранные цифры под соответствующими буквами:			
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18.		Прочитайте определения данных понятий и установите соответствие с определяемыми терминами. Текст задания: К каждой позиции, данной в левом столбце, подберите соответствующую позицию из правого столбца:			
			Понятие		Определение или характеристика
		А	arrhythmia	1	irregular heart beat
		Б	auscultation	2	removal and examination, usually microscopic, of tissue from the living body, performed to establish a precise diagnosis
		В	biopsy	3	an instrument used for inspecting the interior of the windpipe and bronchial tree to carry out diagnostic (taking specimens for culture and biopsy) or therapeutic (removing a foreign object) maneuvers.
		Г	bronchoscope	4	listening for sounds within the body; it may be performed with the unaided ear or with a stethoscope
		Запишите выбранные цифры под соответствующими буквами:			
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	19.	Прочитайте определения данных понятий и установите соответствие с определяемыми терминами. Текст задания: К каждой позиции, данной в левом столбце, подберите соответствующую позицию из правого столбца:			
			Понятие		Определение или характеристика
		A	coma	1	sophisticated radiologic technique yielding a detailed image of internal body structures
		Б	congenital	2	n enzyme that catalyzes the phosphorylation of creatine by ATP to form phosphocreatine. It occurs as three isozymes (specific to brain, cardiac and skeletal muscle, respectively). Each isozyme has two components composed of muscle (M) and brain (B) subunits - CK1 (BB) is found primarily in brain, CK2 (MB) in cardiac muscle and CK3 (MM) primarily in skeletal muscle. Differential determination of isozymes is used in clinical diagnosis
		B	creatine kinase	3	a state of profound unconsciousness from which one cannot be roused
		Г	СТ (computerized tomograph)	4	present at birth; cause may be genetic or non-genetic (infectious, chemical, physical)
		Запишите выбранные цифры под соответствующими буквами:			
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		Понятие		Определение или характеристика
	A	dyspnea	1	a substance, usually a protein, that initiates and accelerates a chemical reaction
	Б	edema	2	inflammation of the endocardium
	B	endocarditis	3	labored or difficult breathin
	Г	enzyme	4	the accumulation of excess fluid in the intercellular or interstitial tissue spaces or body cavities
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		Понятие		Определение или характеристика
A		gangrene	1	necrosis due to obstruction, loss or diminution of blood supply.
Б		hemoglobin	2	the biological agent causing AIDS (acquired immune deficiency syndrome).
B		HIV	3	he oxygen carrying pigment of the red blood cells (erythrocytes). It is a conjugated protein containing four heme groups and globin.
Г		hypertension	4	high arterial blood pressure. Various criteria for its threshold have been suggested, ranging from 140 mm Hg systolic and 90 mm Hg diastolic to as high as 200 mm Hg systolic and 110 mm Hg diastolic.

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31		<p>Поставьте недостающие вопросы медработника в данном диалоге в правильном порядке.</p> <p>Текст задания:</p> <p>N _____ ?</p> <p>P Not bad, thanks - a bit sore.</p> <p>N _____ ?</p> <p>P I fell off my bike.</p> <p>N _____ ?</p> <p>P Here, around my wrist.</p> <p>Фразы:</p> <ol style="list-style-type: none">Where does it hurt?What happened to you?How are you feeling? <p>Запишите соответствующую последовательность цифр слева направо:</p> <table><tr><td>A</td><td>Б</td><td>В</td></tr><tr><td></td><td></td><td></td></tr></table>				A	Б	В					
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			Понятие		Определение или характеристика
		А	seizure	1	an attack; the sudden onset or recurrence of a disease or of certain symptoms, e.g. an epileptic attack, convulsion.
		Б	shock	2	a sudden disturbance of mental equilibrium; a profound hemodynamic and metabolic disturbance characterized by failure of the circulatory system to maintain adequate perfusion of vital organs.
		В	sign	3	a sudden, violent, involuntary muscle contraction; a sudden tightening of a passage or canal.
		Г	spasm	4	an objective indication or evidence of disease discovered on examination of a patient. Contrast with symptom.
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			Понятие		Определение или характеристика
		А	symptom	1	he inappropriate or pathological formation of a solid mass (from the

				constituents of blood) within a blood vessel or organ
	Б	tachycardia	2	subjective evidence of disease as perceived and reported by a patient.
	В	thrombosis	3	a protein of muscle that together with tropomyosin forms a regulatory protein complex controlling the interaction of actin and myosin and that when combined with calcium ions permits muscular contraction; when cardiac muscle cells are damaged, troponin is released into the blood stream and provides a useful indicator of cardiac cell death and evidence of myocardial infarction
	Г	troponin	4	abnormally fast heart beat
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		Понятие		Определение или характеристика
	А	vasodilator	1	a solid mass formed from the constituents of blood within the blood vessels or the heart. Thrombi that form within the rapidly moving arterial circulation are composed largely of fibrin and platelets with only a few trapped red and white cells.
	Б	urea	2	an agent that causes dilatation of

				the blood vessels	
	В	thrombus	3	cell type often seen in areas exposed to significant irritation or trauma - e.g. skin.	
	Г	squamous cells	4	the chief nitrogenous end-product of protein metabolism, formed in the liver from amino acids and from ammonia compounds; found in urine, blood, and lymph.	
	Запишите выбранные цифры под соответствующими буквами:				
	А	Б	В	Г	
38.	Восстановите правильный порядок следования фраз в диалоге. Текст задания: 1. Tired all the time, really. I never have any energy. 2. How do you feel? 3. Have you had a blood test before? 4. Oh, just enough to fill the syringe. 5. No, I haven't, no. How much blood will you take? Запишите соответствующую последовательность цифр слева направо:				
	А	Б	В	Г	Д
39.	Найдите соответствие между термином и его переводом. Текст задания:				
	А	to give injections	1	назначить лечение	
	Б	to take a blood pressure	2	измерить давление	
	В	to make a diagnosis	3	прописать лекарство	
	Г	to prescribe a medicine	4	сделать укол	

		Д	to administer treatment	5	поставить диагноз
		Запишите выбранные цифры под соответствующими буквами:			
		А	Б	В	Г
					Д
40.	Найдите соответствие между предложением и его переводом. Текст задания:	А	Я неважно себя чувствую.	1	I don't feel well. I am feeling not well.
		Б	Вызовите мне «скорую помощь», пожалуйста.	2	Take me to the hospital, please.
		В	Отвезите меня в больницу, пожалуйста.	3	Call an ambulance, please.
		Г	У меня кружится голова.	4	I feel dizzy.
		Д	У меня болит горло.	5	I have a sore throat.
		Запишите выбранные цифры под соответствующими буквами:			
		А	Б	В	Г
					Д
Задания открытого типа					
1.	Прочитайте и переведите текст с английского языка на русский. Текст задания: The cause of fainting may be different: strong emotion, want of food, fatigue or pain. In fainting the person loses consciousness. Blood doesn't get to the brain, the face of a person before fainting gets very pale and sweat appears on his forehead. He feels dizzy and weak. His breathing is shallow. His pulse is weak and slow.				
2.	Прочитайте и переведите текст с английского языка на русский. Текст задания: The first aid for poisoning is to empty the stomach. Do it as soon as possible. Give much water to drink – 4-8 glasses. Some poisons cause shock, others – asphyxia, in every case the patient needs prompt medical care.				

	<p>3. Прочитайте и переведите текст с английского языка на русский. Текст задания: The word “fracture” means a break in a bone. There are two kinds of fractures: closed and open. In a closed fracture there is no wound on the skin. In an open fracture there is a wound. Open fractures are more serious than closed ones. If a person breaks his arm or leg he complains of pain in the place of the break. The pain becomes more severe if he presses the place or tries to move. Swelling appears quickly. Use a splint for the broken limb. Bind the splints to the limb but not at the place of the fracture. Doctors use X-rays to see the break and put plaster casts on the broken limbs.</p>
	<p>4. Прочитайте и переведите текст с английского языка на русский. Текст задания: Vitamin D is needed for healthy bones and for protection against rickets. It is found in very small amounts in egg, butter and fish. We get most of our Vitamin D from the sun. Vitamin C protects against scurvy and is found in oranges, lemons, tomatoes and green vegetables. It increases resistance to infection, it helps to recover after illness. Vitamin B is present in milk, eggs, liver, yeast. It is needed to strengthen our nervous system. Cooking destroys vitamin B. Vitamin E improves poor blood circulation, is used in treatment if thrombosis, varicose veins</p>
	<p>5. Прочитайте и переведите текст с английского языка на русский. Текст задания: When the blood flows from the artery it is scarlet. When the blood flows from a vein it is dark red. Stop the bleeding as soon as possible. The simple method is to put clean cloth over the wound and bandage it tightly. If the bleeding is from an arm or leg raise the limb, if a person has nosebleed after the bruise you must put a cold compress on the nose. The person must breathe through his mouth. In severe cases doctors make blood transfusions.</p>
	<p>6. Прочитайте и переведите текст с английского языка на русский. Текст задания: The skin performs many vital functions. First, it is a protective barrier against microorganisms. Second, the skin is a sensory organ with many cells that are sensitive to touch, temperature, pain and pressure. Third, the skin helps to regulate body temperature. It acts as insulator against heat and cold, and fourth, helps to excrete body wastes in the form of perspiration. The skeleton supports and gives form to a body, protects its internal organs, and provides anchorage for the muscles. The human skeleton contains 206 bones.</p>
	<p>7. Прочитайте и переведите текст с английского языка на русский. Текст задания: Scarlet fever is an acute contagious disease, characterized by high temperature, rapid pulse, punctate eruption followed by desquamation, inflammation of the throat. The disease may be transmitted from a person affected with the disease to a healthy individual either by contact through various objects. All children are susceptible to the disease, particularly between 18 months and 10 years of age. Adults also contract this illness in whom the course of the disease may simulate that of a sore throat without the eruption.</p>
	<p>8. Прочитайте и переведите текст с английского языка на русский. Текст задания:</p>

	<p>Measles is one of the most communicable and widespread diseases of childhood. All the parents must know that measles is a very grave disease which is dangerous for children. The disease is spread by infected droplets from the nose, throat, sneezed or coughed into the air. There is an incubation period of 10-19 days. The symptoms are fever, cough and sneezing. With the appearance of these symptoms the parents must put the child into bed and call a doctor in.</p>
9.	<p>Прочитайте и переведите текст с английского языка на русский.</p> <p>Текст задания:</p> <p>Mumps is a communicable virus disease, that usually attacks one or both parotid glands located near the angle of the jaw. It commonly occurs between 5 and 15 years. The incubation period is usually three weeks. One attack gives immunity. There is pain in opening the mouth or chewing, a moderate degree of fever, loss of appetite, headache and body pain. Both sides of the face may swell.</p>
10.	<p>Прочитайте и переведите текст с английского языка на русский.</p> <p>Текст задания:</p> <p>Sputum is mucopurulent. Its microscopic examination reveals a large number of pus corpuscles, erythrocytes, and tuberculous organisms. Blood in the sputum is sometimes the first sign of tuberculosis. If large blood vessels are involved the discharge of blood may become profuse. Fever is one of the permanent symptoms of pulmonary tuberculosis. In benign processes the body temperature is often subfebrile. In active forms it may range from 38°C to 39°C. A considerable elevation of temperature is observed in pneumonic forms, when fever persists at a level of 38°C and higher for several months.</p>
11.	<p>Прочитайте и переведите текст с английского языка на русский.</p> <p>Текст задания:</p> <p>A person who is not quite well consults a physician for various complaints. He may complain of weakness, fever, temperature and all kinds of pains and aches. The pain may be mild or slight and bad or severe. If a person has caught a cold, he is running a temperature and complains of a headache, sore throat, cold in the head, chills and cough.</p>
12.	<p>Прочитайте и переведите текст с английского языка на русский.</p> <p>Текст задания:</p> <p>A person who suffers from indigestion complains of lack of appetite, nausea, diarrhea, constipation and vomiting. A person who has some kind of heart trouble may complain of shortness of breath. A surgeon is usually consulted for a wound, an injury, or when a person has hurt himself. An oculist is consulted for eye diseases, an otolaryngologist for ear, nose and throat diseases.</p>
13.	<p>Прочитайте и переведите текст с английского языка на русский.</p> <p>Текст задания:</p> <p>A study released in the June 2001 issue of Science suggests that large doses of Vitamin C produce toxins that could possibly increase cancer risk by damaging the body's DNA. Long regarded as a protective nutrient against cancer, researchers from this study demonstrated that too much of a good thing might actually cause harm. Vitamin C is a powerful antioxidant, but previous studies have failed to show that supplementation is protective. This study may begin to show why.</p>
14.	<p>Прочитайте и переведите текст с английского языка на русский.</p> <p>Текст задания:</p> <p>Scientists point out that this study was conducted in test tubes and that nutrients often function differently in the human body.</p>

		They suggest that people should not stop taking Vitamin C supplements based on the results of this single study.
15.	Прочитайте и переведите текст с английского языка на русский. Текст задания: While the topic of Vitamin C supplementation is controversial, there is agreement that optimal levels of this powerful antioxidant can be met through a rich and varied diet of whole foods. The message to be gained. More is not always better when it comes to supplements, and we should not overdo when taking them. The daily Recommended Dietary Allowance for Vitamin C is 75 milligrams for women and 90 milligrams for men. Smokers require an additional 25 milligrams. These levels can easily be met through a varied and balanced diet.	
16.	Прочитайте и переведите текст с английского языка на русский. Текст задания: A worldwide rise in allergic disorders has been noted in recent years. Scientists all over the world are devising methods of prevention and treatment of these disorders. What causes allergic disorders? They are a result of an increased susceptibility of an organism to certain environmental factors. These factors – allergens – may be microbes, protozoa, pollen, fungi, chemical compounds, dyes, polymers, synthetics, etc	
17.	Прочитайте и переведите текст с английского языка на русский. Текст задания: When a harmful substance enters our organism, it responds by producing specific antibodies to attack it. With allergens this doesn't happen. The antibodies enter into an alliance with the foreign substance and form compounds that can damage our organs and tissues.	
18.	Прочитайте и переведите текст с английского языка на русский. Текст задания: The Atherosclerosis patient should sleep at least 7– 8 hours and take a walk before going to bed. He should see that he does not eat or do work involving nervous strain within 1–2 hours of going to bed. But sleep is not the only way of rest. Relaxation must be active and fruitful. Exhibitions, museums, theatres, books are available to all. They enrich the patient's everyday life, broaden his interests and leave less time for negative emotions	
19.	Прочитайте и переведите текст с английского языка на русский. Текст задания: Lack of adequate physical activities may cause Atherosclerosis, too. Physical exercises must become part of the patient's life, though naturally, account must be taken of the patient's physical condition. Atherosclerosis sufferers should avoid smoking because it adversely affects the walls of the vessels and can cause spasms. Alcohol, apparently, doesn't do any direct harm to the vessels. But alcohol is bad for the nervous system and the cardiac muscles.	
20.	Прочитайте и переведите текст с английского языка на русский. Текст задания: Improving Your Ability to Handle Stress Stress isn't always bad. In small doses, it can help you perform under pressure and motivate you to do your best. However, when you're constantly running in emergency mode, your mind and body pay the price. If you frequently find yourself, feeling frazzled and overwhelmed, it's time to take action to bring your nervous system back into	

		balance. You can protect yourself, and improve how you think and feel by learning how to recognize the signs and symptoms of chronic stress and taking steps to reduce its harmful effects.
21.	Прочитайте и переведите текст с английского языка на русский. Текст задания: What is stress? Stress is your body's way of responding to any kind of demand or threat. When you sense danger, whether it's real or imagined, the body's defenses kick into high gear in a rapid, automatic process known as the "fight-or-flight" reaction or the "stress response."	
22.	Прочитайте и переведите текст с английского языка на русский. Текст задания: Researchers said "What we're seeing is over and beyond what can be explained by blood pressure, obesity, cholesterol, age, cigarette smoking, blood sugar levels and other cardiovascular risk factors. These psychological factors are important in predicting the risk of heart disease, but anxiety is unique. Older men with sustained and pervasive anxiety appear to be at increased risk for a heart attack even after their levels of depression, anger, hostility and Type A behavior are considered."	
Практические задания		
1.	Прочитайте текст и дайте развернутый ответ на вопрос. Текст задания: <i>Why do people start smoking?</i> Smoking is a hard habit to break because tobacco contains nicotine, which is highly addictive. Like other addictive drugs, the body and mind quickly become so used to the nicotine in cigarettes. People start smoking for a variety of different reasons. Some think it looks cool. Others start because their family members or friends smoke. Statistics show that about 9 out of 10 tobacco users start before they're 18 years old. Most adults who started smoking in their teens never expected to become addicted. That's why people say it's just so much easier to not start smoking at all.	
2.	Прочитайте текст и дайте развернутый ответ на вопрос. Текст задания: <i>What is the best way to stop bleeding?</i> Strong bleeding can cause death in minutes. Bleeding from small wounds usually stops after a short time due to the blood clots. But clotting cannot stop the flow of blood when a wound is big. The best way to stop bleeding is to press on the wound itself. If possible let the person lie down and raise the bleeding part of the body. Then put a sterile handkerchief, cloth or towel on the wound and press it down with your hand. Do it from 10 to 20 minutes until help arrives.	
3.	Поставьте глагол в нужную форму: My brother ... yet what faculty to choose. А) didn't decide Б) haven't decided В) hasn't decided Г) hasn't decide	

		Запишите выбранный ответ - букву: <table><tr><td>А</td><td>Б</td><td>В</td><td>Г</td></tr></table>	А	Б	В	Г
А	Б	В	Г			
7.	Поставьте глагол в нужную форму: Many doctors ... shifts. А) works Б) work В) working Г) are work Запишите выбранный ответ - букву: <table><tr><td>А</td><td>Б</td><td>В</td><td>Г</td></tr></table>	А	Б	В	Г	
А	Б	В	Г			
8.	Поставьте глагол в нужную форму: Surgeons ... an integral part of hospital staff. А) are Б) is В) to be Г) was Запишите выбранный ответ - букву: <table><tr><td>А</td><td>Б</td><td>В</td><td>Г</td></tr></table>	А	Б	В	Г	
А	Б	В	Г			
9.	Поставьте глагол в нужную форму: Family doctors ... a very important role in the field of health care. А) playing Б) play В) to play Г) plays Запишите выбранный ответ - букву: <table><tr><td>А</td><td>Б</td><td>В</td><td>Г</td></tr></table>	А	Б	В	Г	
А	Б	В	Г			
10.	Прочитайте текст и ответьте на вопрос: «What is the text about? » Needles, blades, scalpels, intravenous devices, and other sharp instruments should be handled with care in order to avoid inoculation injuries or contamination onto mucous membranes. Care should be taken during the use, cleaning and on disposal of sharp instruments. The number of sharp instruments should be kept to a minimum during procedures, and should always be kept in sight. After use, all single use sharps should be placed in puncture resistant containers such as sharps boxes. А) The text is about communication with patients. Б) The text is about handling of sharp instruments. В) The text is about duties of nurses. Г) The text is about duties of paramedics.					

		Запишите выбранный ответ - букву: <table><tr><td>А</td><td>Б</td><td>В</td><td>Г</td></tr></table>	А	Б	В	Г
А	Б	В	Г			
11.	<p>Прочитайте текст и ответьте на вопрос: «What skills of doctors are described in the text?» Doctors need to be able to communicate with the patients in order at the scene of an emergency or accident. Communicating effectively means you can listen well when someone else is speaking to you, and that you can speak clearly and concisely to someone else. A) taking blood pressure Б) giving intravenous injections B) communication skills Г) duties of doctors</p> <p>Запишите выбранный ответ - букву: <table><tr><td>А</td><td>Б</td><td>В</td><td>Г</td></tr></table></p>	А	Б	В	Г	
А	Б	В	Г			
12.	<p>Подберите подходящую формулировку вопроса врача к данному ответу пациента: Doctor: _____ ? Patient: Here, just under my ribs. A) Do you have any other problems? Б) Have you had a blood test before? B) How do you feel? Г) Where exactly is the pain?</p> <p>Запишите выбранный ответ - букву: <table><tr><td>А</td><td>Б</td><td>В</td><td>Г</td></tr></table></p>	А	Б	В	Г	
А	Б	В	Г			
13.	<p>Подберите подходящую формулировку вопроса врача к данному ответу пациента: Doctor: _____ ? Patient: Doctor, I have a bad headache and I have no appetite A) What seems to be a problem, Mr. Hall? Б) Where exactly is the pain? B) Where does it hurt? Г) What's your name?</p> <p>Запишите выбранный ответ - букву: <table><tr><td>А</td><td>Б</td><td>В</td><td>Г</td></tr></table></p>	А	Б	В	Г	
А	Б	В	Г			
14.	<p>Подберите подходящую формулировку вопроса врача к данному ответу пациента: Doctor: _____ ? Patient: About a week.</p>					

		A) Where exactly is the pain? Б) How long have you been feeling worse? В) How do you feel? Г) Where does it hurt? Запишите выбранный ответ - букву: <table><tr><td>А</td><td>Б</td><td>В</td><td>Г</td></tr></table>	А	Б	В	Г
А	Б	В	Г			
15.		Прочитайте текст и ответьте на вопрос: «How long is the life span of a leucocyte? » About 65 per cent of all white cells are leucocytes. Their protoplasm contains granules. Those leucocytes that stain neutral dyes – as the majority do – are called neutrophils. About 1.5 per cent of the total, which stain with acid dyes, are called eosinophils. And a still smaller number, 0.5 per cent, have granules that stain with basic dyes; these are called basophils. The percentage of eosinophils increases greatly when parasites invade the body. The life span of a leucocyte is short, from four to twelve days. A) from four to twelve hours Б) from four to twelve days В) from four to twelve weeks Г) from four to twelve minutes Запишите выбранный ответ - букву: <table><tr><td>А</td><td>Б</td><td>В</td><td>Г</td></tr></table>	А	Б	В	Г
А	Б	В	Г			